





Binge

Tyler Oakley

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304 pages

Extrait

Binge introduction

GO AHEAD, BINGE.

I'm not saying go out and snort a bunch of cocaine or do anything that's going to seriously put you or the people around you in danger, obviously.

Binge on the things that bring fulfillment and happiness and satisfaction and make you feel alive. Binge on people who fascinate you and love that wakes you up from monotony. Binge on exploring, both your hometown and the farthest continent. Binge on the time you spend bettering yourself and petting dogs. Binge on picking your grandma's brain and learning the story of the time she got catfished. Binge on giving, in all senses. Binge on indulging.

We're told every day from an early age that moderation is key. Count your calories, wait a while before you tell someone you love them, and remember that balance is the path to happiness. While all of those are great in theory, does a lesson taught from someone else's mistakes resonate just as deeply as the ones you learn yourself? When you binge, you find your own boundaries.

Even if I spend every waking moment attempting to keep my life in balance, I'm going to fuck up. Having already fucked up quite a few times in my life, and having lived to tell the tale, I don't regret any of it.

I've binged plenty of times in my life, sometimes for better, sometimes for worse. Regardless, I indulged.

This collection is the result. *Revue de presse*

"Hilarious, shocking, and devastating, Tyler delivers a coming-of-age memoir for the digital generation." (*Vanity Fair*)

"Oakley has managed to produce a quick read of tales to make you laugh, cry, ponder and cringe...a worthy debut and one that will captivate and comfort existing fans of the Internet celebrity, while helping him gain new ones." (*New York Daily News*)

"With a confident voice and clear message, Oakley blends giggle-inducing humor with serious discussions of his personal battles...an accurate reflection of the man himself." (*Out Magazine Online*)

"Oakley uses his unique perspective on YouTube to write a touching and timely book. In "Binge," already a New York Times bestseller, readers find Oakley at his realest." (*Salon Online*)

"I devoured [*Binge*]...I think you'll find it as hard to put down as I did. You might be shocked at times, but in the end you'll walk away loving him even more." (*Pop Culture Beast*)

"With his first book, *Binge*, Oakley takes apart the smiling, genial celebrity and shares some harrowing stories of poverty, addiction, abuse, and redemption... This book isn't a tale of regrets but of survival – it's a book that celebrates misfits and weirdos and imparts a message of hard-won appreciation of life." (*A Crowded Bookshelf*)

"Of all the books released by YouTube vloggers, *Binge* might be the most brutally honest yet." (*International Business Times*)

"[Binge] explores every emotion: you will laugh, then you will cry for sure too, you will gasp and you will be terrified, and then you will have too many emotions and will want to stab the book and throw it out of your window! (But you will not actually do it because by that time the book will be very dear to you.)...very meaningful and a fun voyage." (*The Guardian*) Présentation de l'éditeur

Pop-culture phenomenon, social rights advocate, and the most prominent LGBTQ+ voice on YouTube, Tyler Oakley brings you *Binge*, his *New York Times* bestselling collection of witty, personal, and hilarious essays.

For someone who made a career out of over-sharing on the Internet, Tyler has a shocking number of personal mishaps and shenanigans to reveal in his first book: experiencing a legitimate rage blackout in a Cheesecake Factory; negotiating a tense standoff with a White House official; crashing a car in front of his entire high school, in an Arby's uniform; projectile vomiting while bartering with a grandmother; and so much more. In *Binge*, Tyler delivers his best untold, hilariously side-splitting moments with the trademark flair that made him a star.

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